To obtain the best results from this book, select the dance you are interested in and master that first. If it is a Quadrille, form a set and practice each call until you are familiar with the movements, then take up the next dance that interests you.
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No. 1  Standard Club Quadrille No. I

Figure I
Figure I

Press partners, address corners...........................................8 Bars

1d couples right and left...............................................8
(The first two couples cross to opposite side of set, ladies inside.
When in opposite couple’s place, lady and gentleman join left hands
and turn half around. Repeat back to place.)

1d couples right and left...............................................8

1d couples balance four.................................................8
(Cross both hands with partner, and slide seven steps to opposite
side of set and stop; then seven steps back, all without turning.)

1d couples balance four.................................................8

1d couples ladies chain..................................................8
(Ladies cross to opposite side, giving right hands as they pass each
other, then left hands to opposite gentleman and turn half around.
Give right hands back, left hand to partner and turn to place.)

1d couples ladies chain..................................................8

1d couples half promenade, half right and left.....................8
(The first two couples cross hands with partner and walk to opposite
side of set turn, then right and left back to place.)

1d couples half promenade, half right and left.....................8

Join hands, forward and back..........................................4
(Join hands in a circle and move to the center of the set and back.)

1g partners........................................................................4

1g promenade......................................................................8
(Partners cross hands and promenade in a circle.)
Figure II

Dance Manual 61
Figure II

Wait first eight bars

couple lead to right, circle four hands around........................8 Bars
to the next couple, right and left.......................................8 "
(The couple standing opposite.)
to the next couple, ladies chain.........................................8 "
(Couple on the left.)
I-dos with corner lady.....................................................4 "
(Face corner and both advance four steps, passing each other right
shoulder to right shoulder. Then each take one step to the right side,
and without turning, move backward to place.)
I-dos with partner.........................................................4 "
(Repeat, face partner, etc.)
ande left.............................................................................8 "
(All turn corner lady with left hand, then turn partner with right.
The next couple lead to right etc., Four times in all.)
Figure III
Figure III

Eight hands around.......................................................... 8 Bars

Ladies grand chain............................................................ 8 "
(应用与" Ladies Chain", 与所有四位女士一起参加。)

Right and left........................................................................ 16 "
(伙伴们面对面，互相敬礼，右手相握，逆时针方向移动。给左手给下一个人，右手给下一个人，左手给下一个人，你现在将见到你的伙伴，敬礼，右手相握，继续以前的动作。再次敬礼当你到达原地。)

Eight hands around............................................................ 8 "

Gentlemen grand chain......................................................... 8 "
(四位绅士交叉右手，移动到舞台的另一边。转那个左手的女士，再次交叉右手，返回，给左手给伙伴，站在她旁边。)

Right and left........................................................................ 16 "

In hands, forward and back, swing partners............................... 8 "

Promenade to seats.................................................................. 8 "

Manual 61
No. 2  Standard Quadrille No. II

Figure I

Dance Manual 61
Figure I

press partners, address corners................................. 8 Bars
1 couples right and left........................................... 8 
" " " " ......................................................... 8 
1 couples balance four............................................. 8 
" " " " ......................................................... 8 
1 couples ladies chain............................................. 8 
" " " " ......................................................... 8 
1 couples half promenade, half right and left................ 8 
" " " " " " ...................................................... 8 
in hands forward and back, swing partners.................... 8 
romenade....................................................... 8 

Manual 61
Figure II
Grapevine Twist

Figure II

4

d couple lead to the right around that lady with

e
Grapevine Twist ........................................... 12 Bars

(The head gentleman takes his partner's left hand in his right and leads
her between the side couple and around the lady to the center of the set,
still retaining hands; he takes a few steps backward, waits until his part-
ner has passed between him and the side couple, and again leads his lady
between the same couple and around the gentleman. Both couples then join hands.)

le four hands around ........................................... 4 "

to the next couple and around the lady with

e
Grapevine Twist ........................................... 14 "

(The same two couples still joining hands, lead between the next couple and
around the lady. As the leader approaches the center he again turns, and
waits until the end of the line has passed. He then passes between the
same couple and leads the line around the gentleman. They now join hands.)

le six hands around ........................................... 6 "

1 the next couple and around that lady with

e
Grapevine Twist ........................................... 28 "

(Repeat the movement, six people passing between the last couple and then
eight hands around ........................................... 8 "

-a-dos with corner, Dos-a-dos with partner ...................... 8 "

(The next couple on the side begins the movement, each couple leading
in turn. Four times in all.)
Figure III

- Eight hands around.................................................. 8 Bars
- Gentlemen all balance to the right and swing.............................. 32 "
  (Gentlemen walk four steps to the right, balance and swing that lady.
  Balance and swing the next, and the next, balance and swing partner.)
- Right and left..................................................................... 16 "
- Eight hands around......................................................... 8 "
- Ladies grand chain......................................................... 8 "
- In hands, forward and back, swing partners.............................. 8 "
- Romenade to seats............................................................. 8 "

Manual 61
Address partners, address corners .................................................. 8 B
Head couples right and left .............................................................. 8
Side " " " ................................................................. 8
Head couples balance four ............................................................. 8
Side " " " ................................................................. 8
Head couples ladies chain ............................................................... 8
Side " " " ................................................................. 8
Head couples half promenade, half right and left ............................. 8
Side " " " " " " .......................................................... 8
All join hands, forward and back, swing partners ............................ 8
All promenade .............................................................................. 8
Figure II

Couple swing around the center .............................................. 8 Bars

(All ladies join right hands and cross to opposite side of set.)

Promenade ................................................................. 4 '

(All promenade with new partner half around, to opposite side of set.)

Grand chain again ......................................................... 4 '

Promenade ................................................................. 4 '

Mande left ................................................................. 8 '

Couple swing in center, etc.
(Continue until all have completed the movement. Play four times.)

Manual 61
Balance and swing partners ............................................. 8
All link arms, promenade around the set ............................. 4
Swing that lady behind you .............................................. 4
(Repeat “promenade, etc” Four times in all) ......................... 24
Allemande left, Grand right and left ................................. 16
(All turn corner with left hand, then give right hand to partner
and execute “Grand Right and Left”)
All join hands, forward and back, swing partners .................. 8
All promenade to seats .................................................. 8

Dance Manual 61
Figure I

Figure I

dress partners, address corners........................................... 8 Bars
ad couples right and left.................................................. 8
ad couples balance four................................................... 8
ad couples ladies chain..................................................... 8
ad couples half promenade, half right and left...................... 8
join hands, forward and back, swing partners....................... 8
promenade................................................................. 8
Figure II

Paddy Whack

Dance Manual 61
Figure II

"Right and left six"

1. Couple lead to the right, join hands and circle half around .......... 4 Bars

2. (To execute the above two calls, couple leads to right, joins hands with that couple and circles half around, facing as in "Right and Left," passing through the two couples directly in line. This is a straight "Right and Left" movement, six persons taking part instead of four.)

3. To next couple, circle four hands around .................................. 8 

4. To next couple, circle half around ......................................... 4 

5. T and left six ................................................................. 12 

6. Balance partners and swing .................................................. 8 

(To balance, all face partners and execute a "step swing")

Next couple lead to right, etc. Play four times.
Circle eight hands around.........................................................8

Four ladies pass to right, balance and swing........................................32
(The four ladies move to the right, balance and swing that gentleman.
Balance and swing the next, and the next, balance and swing partner.)

Allemande left, grand right and left.............................................16

All swing partners, promenade to seats.........................................8

Dance Manual 61
A Singing Quadrille

Figure I

a-dos with your corners.................................................. 4 Bars
(Face corner, each walk four steps forward, then step to right side and
walk backward to place, all without turning.)

a-dos with your partners.................................................. 4 
(Face partner - repeat.)

lande left with your corners.............................................. 4 
(Each gentleman turn the lady on his left, with the left hand.)

lande right with your partners......................................... 4 
(Turn partner with the right hand.)

toe to your corners.......................................................... 4 
(Gentleman face lady on the left and balance.)

g your corner lady and promenade the hall............................ 12 
(Each gentleman swing the corner lady, then link arms with the same la-
dy and promenade once around the outside of the set.) Each dancer now
has a new partner. Begin dos-a-dos again and continue until all are back
with original partners.

Manual 61
Couple Down Center

Figure II

First couple down center and there they divide,

Lady goes right, gent goes left. Honor your corner and don't be afraid, Swing to your partner and

All Waltz

waltz promenade.
Figure II

t couple down center, and there they divide................................. **4 Bars**
(First couple join nearest hand with partner, waltz forward passing between the couple standing opposite)

y goes right, gent goes left ............................................................... **4**
(The lady turns to the right, and gentleman to the left, each returning outside the set to original places.)

or your corner and don’t be afraid.................................................... **4**
(All turn and bow to corner lady.)

ng to your partner and waltz promenade............................................. **20**
(All turn partners, then waltz around the outside of the set.)

The next couple on the side begins the movement. Four times in all.
The Little Log Cabin In The Lane

Figure III

All join hands and circle to the left around the hall, To the Little Old Log Cabin in the Lane. You are all going wrong, Go back the other way, To the Little Old Log Cabin in the Lane.

Places

II. All and balance all and every body swing, To the left. To the

Dance Manual 61
Figure III

Join hands and circle to the left around the hall. .................. 8 Bars
(Join hands and circle eight hands around to the left.)

The little old log cabin in the lane
are all going wrong, go back the other way. .......................... 8 "
(Turn, link arms with partner, and promenade back to place.)

The little old log cabin in the lane
aces all and balance all and everybody swing. .................. 8 "
(Balance and swing partners twice around.)

The little old log cabin in the lane
left hand on your corner, partner by your right .................. 8 "
(All turn the person on the left, each with the left hand, then turn own partner with right.)

You grand right and left half around.
(Right hand to partner, grand right and left half around.)

The little old log cabin in the lane
en you meet your partner, you make your homeward flight. 8 "
(When you meet, swing partner once around, then link arms and promenade to place.)

The little old log cabin in the lane
Waltz Quadrille

Figure I

All movements are executed with a waltz step

Address partners, address corners ....................................................... 8 Ba
Head couples right and left ................................................................. 8  
Side " " " " ..................................................................................... 8  
All join hands forward and back twice .................................................. 8  
All waltz ......................................................................................... 16  
Head couples ladies chain .................................................................... 8  
Side " " " ..................................................................................... 8  
All waltz ......................................................................................... 16  

Dance Manual 61
Figure II

lead couple waltz inside........................................ 8 Bars
ext ......................................................... 8 
ill waltz ........................................................ 16 
exit couple waltz inside ........................................ 8 
ast .............................................................. 8 
ill waltz ........................................................ 16 

ace Manual 61
All join hands forward and back twice...
Ladies pass to right waltz with new partner...
All join hands forward and back twice
Ladies pass to right waltz with new partner
All join hands forward and back twice
All waltz
Minuet

Slow and majestic

Salute partners
All join hands
Right
Salute
Salute left
Salute

Salute corners
Back
Salute left
to place

1st four separate
Sides separate
Form lines on sides
Turn partners

All forward to places
Salute
Salute partners
Back.

D. S.
Figure I

Salute partner right, salute partner left ........................................ 4
Salute corners right, salute corners left ........................................ 4
All join hands forward, salute ...................................................... 4
(Start with right foot forward, execute two Pas Balance steps) De-
scription of "Pas Balance" step: Step forward on right, count 1; point left
to side, count 2-3; step forward on left, count 4; right to side; count 5-6.)

Turn partners to place .............................................................. 4
(Turn partners with the left hand.)

Head couples separate, and form lines on the sides ....................... 4
(The head couples divide, Pas Balance forward, and join hands with
the side couples. There are now two lines, four dancers in each line)

All forward, return to place and salute ....................................... 4
(Both lines move forward, the head lady and gentleman are directly
opposite each other. Partners join nearest hands and all return to orig-
inal place.)

Sides separate and form lines at the head .................................... 4
(The side couples divide, etc.)

All forward and return to place .................................................. 4
(Both lines move forward, etc.)

Figure II

Head couples forward and back ................................................... 4
(All start with the right foot, take two Pas Balance forward, and
six short steps back to place.)

Side couples forward and back ................................................... 4
(Repeat above.)

Head couples turn with side couples .......................................... 8
(Head couples lead to the right, give right hand to opposite and
turn, then give left hand to partner and turn to place.)

Side couples turn with right hand couples .................................. 8
(Side couples lead to the right, etc.)

All join hands, forward, turn partners ....................................... 8
(All join hands in a circle, move forward and back, then turn
partners, each with the left hand.)

Figure III

Star movement ............................................................................. 8
(Four ladies cross right hands, give left hand to partner's right,
and promenade around to place.)

Gentlemen turn left hand ladies, with the left hand, and return to place .................................................. 8
(Use Pas Balance step.)

Pas Balance ................................................................................. 8
(Face partner, each join right hands, shoulder high, and extend toe
of left foot to left side (one measure), change hands and extend toe
of right foot to right side (one measure), change hands and Pas Bal-
ance around each other, starting with inside foot.)

Salute corner, salute partner, salute all, escort partner to seat.
Dance Manual 61
No. 8

Standard Lanciers

Figure I
Figure I

Address partners, address corners.................................................. 8  Bar

Head couples forward and back................................................... 4  
(Partners join nearest hands, starting with outside foot, and move to the center of the set and back to place.)

Forward again and turn the opposite......................................... 4  
(Move forward, give both hands to the opposite, and turn once around and return walking backward to place.)

Head couple promenade between the opposite and return on the outside......................................................... 8  
(Two head couples cross over. Head couple cross hands, second couple separating to allow the head couple to pass between. Return to place, second couple cross hands, and the head couple separate.)

All balance to corner, and turn partner....................................... 8  
(All turn, face corner, move toward each other and back, then give both hands to their own partner and turn once around. The side couples then start the movement. Repeat all, until every couple has passed through. Play four times.)
Figure II
Figure II

Wait first eight bars

Head couples forward and back.................................................4 Bar

Turn ladies to center, facing partner.........................................4
(Both couples join nearest hands with their own partner, and walk four steps to the center of the set. Ladies then turn facing their own partners, while the gentlemen walk backward to their original places.)

Chasse.........................................................................................4
(The two couples who still face their own partners, begin each with the right foot, slide four steps to the right side, then four steps to the left side. They are still facing partners.)

Turn partners...............................................................................4
(The two gentlemen step forward, give both hands to partners, and turn to place.)

Side couples separate to head, forward and back.............................4
(Side couples separate from their partners, join hands with the first four, forming two straight lines, four persons in each line. From this position, the dancers with hands joined, walk forward four steps, back four steps, forward again and

Turn partner to place......................................................................4
(Repeat all. The sides moving forward, etc. In forming lines on the side, the head couples separate.)
Figure III

Wait first eight bars

Lead couples forward and back.............................. 4 Bars
(Join nearest hand with partner and move forward and back.)

Forward again and address................................................ 4 "
(Forward again, all bow to the person opposite. The music is retarded at this time. They return to place walking backward.)

Lead couples ladies chain................................................... 8 "
(Ladies cross to opposite places, giving the right hand as they pass each other, then the left hand to the opposite gentleman, turning half around. Ladies give right hand back, left hand to partner, and turn in place.)

The sides repeat. Play twice.
Figure IV

Wait first eight bars

Head couples lead to right, address ........................................... 4  
(Join hands with partner, lead to the couple on their right. All bow and curtsy. Music is retarded here.)

Lead to the couple on the left and address ................................ 4
(The same couples lead to the couple on the left, bow and curtsy.)

Lead partner to place, and address ............................................. 4
(Continue the original place, and bow to each other.)

Head couples right and left ....................................................... 8
(Sides repeat. Play twice.)
Address Partners

Figure V

March

D.S.
Figure V

Before the music begins, call "Address partners." A chord will be given by the orchestra. Then call "Grand Right and Left." The music and the movement starting together.

Grand right and left .................................................. 16 Bars
(See description on Page 9)

Head couple promenade inside and face out ......................... 4 "
(Head couple cross hands and walk around the inside of the set, return to place and face out. The lady is on the right side of her partner.)

Side couples in line .................................................. 4 "

All chasse .......................................................... 8 "
(Ladies slide four steps to the left in front of partners,
then balance forward on left, and back on right. Repeat move-
ment to place, starting with right foot. Counterpart for gentlemen.)

March .......................................................... 8 "
(Ladies to right, gentlemen to left. Both lines turn and march to
the foot of the set, pass each other, continue on to the head, the
ladies moving inside the line of gentlemen. All have now changed sides.)

Forward all and back ........................................... 8 "
(Both lines face each other, each line join hands, move forward and back,
forward again, give both hands to partner and turn to place. Repeat all
starting with "Grand Right and Left," the next couple facing, etc. Play four times.)

To end the dance call

All join hands, move forward and back, forward again and address... 8 "

All promenade to seats ........................................... 8 "
Life On The Ocean Wave

Two head ladies cross over and by that gentleman stand.

Side ladies cross over and all join hands. Honor your corner lady.

Ladies cross over, and all join hands.

Hon. your corner lady.

(Iron your partner all.)

Swing the corner lady.

(Swing corner lady twice around.)

Lad promenade the hall.

(Add arms with corner lady and all march around outside the set.)

The two head gentlemen then begin the movement, each crossing over, etc. Continue until all promenade with original partner. Play four times.

Fence Manual 61
No. 10  The Girl I Left Behind Me

The head couple lead up to the right, and balance there so kindly, ... 4 Bars
(First couple lead to the right and balance.)

Pass right through and balance too ........................................ 4 ''
(Pass between that couple, both couples then turn, face each other and balance the opposite.)

And swing that girl behind you ........................................ 4 ''
(The two gentlemen swing the opposite ladies.)

Right and left through and away you go, and on to the next and balance ........................................ 4 ''
(The leading gentleman will take his new partner, lead to the next couple and balance, etc. This is continued until the leading gentleman has returned to his original place.) Then call

Right hand to partner, grand right and left ............................ 16 ''
(The next couple on the side begins the movements, etc.
Four times in all.)

Dance Manual 61
The Buffalo Girl

The head lady swing the right hand gent, with right hand round, with
right hand round, Swing partner with the left, with left hand round,
couple swing in center, six hands round. All join hands and
circle to the left, circle to the left, circle to the left.

Play 4 times

All join hands and circle to the left, And then we swing our partners all.

ad lady swing the right hand gent with right round, with right hand round. 4 Bars
(The head lady swing the gentleman on the right twice round.)
ing partner with the left, with the left hand round .......................... 4
(Swing partner twice around.)
uple swing in center six hands around ....................................... 8
(The head couple swing in the center while the dancers join hands and
circle around them. All are singing. The next lady on the right begins
the movement. Four times in all.)

ace Manual 61
Head couple round outside the set.

And swing in the center like old Saint Nick and down the center an

Cast off six

Swing in the center, as you
did before and up and down center and cast off four

Swing in the center as you used to do and up and down center.

Dance Manual 61
ead couple around the outside set ........................................ 8 Bars
(Link arms and promenade around the outside to place.)
wing in the center as old Saint Nick ..................................... 2 ”
(Swing partner in center of the set.)
nd up and down the center and cast off six .......................... 6 ”
(Pass between opposite couple, lady turn to right, gent to the left.)
wing in the center as you did before .................................... 2 ”
(Swing partner in center of the set.)
nd up and down the center and cast off four ....................... 6 ”
(Down center, around side couples, lady to the right, gent to the left.)
wing in the center as you used to do ................................. 2 ”
(Swing partner in center of the set.)
nd up and down the center and cast off two ....................... 6 ”
(Promenade between side couples, lady turn to right, gent to left.)
ellemande left, grand right and left .................................... 16 ”
(The next couple on the side begins the movement, etc.)
No. 13  Lady Round The Lady

For its Lady round the Lady And the Gent a-round the Gent. And th

Gent a-round the Lady, And the Lady round the Gent. Four hands half

Play 3 times

Half right and left. Swing your Lady once a-round, And lead up to the next

(Allemande left, grand right and left)
Lady round the lady and the gent around the gent .................. 2 Bars
(The head couple lead to the right, pass through that
couple, the lady passing to the left around lady and
gentleman to the right around the gentleman.)

Gent around the lady and the lady round the gent .................. 2
(Reverse the order, gent passing around the lady, etc.)

Circle half, a half right and left .................................... 2
(The two couples now join hands, circle half around
and execute half right and left to place.)

Swing your lady once around and lead up to the next .................. 2
(The same couple lead to the next and begin the
movement.) Play three times, then call

Allemande left, grand right and left .................................. 16
(The next couple lead to the right and so on until all
have gone through the movement.)
No. 14  Irish Washerwoman

All four gents to the right of the ring and when you get there you balance and swing.

When you get through remember the call you allemande left and promenade all.

Promenade

All four gents to the right of the ring

(Four gentlemen pass to the right.)

And when you get there you balance and swing

(Balance and swing the opposite lady twice around)

When you get through remember the call

(Turn and face original partner)

You Allemande left and promenade all

(Turn original partner with left hand and promenade with the lady you swing.) This is continued, the gentlemen moving to the right, taking a new partner each time.)

Dance Manual 61
Pop! Goes the Weasel

The head couple lead to the right, and balance there so easy, then join hands and circle half, Pop! goes the weasel.

(Sing an octave lower)

Same couple lead to the next, balance there so easy,

Join hands and circle half, Pop! goes the weasel.

The head couple lead to the right, and balance there so easy. 4 Bars
(Head couple lead to the right, stand and balance with that couple.)

Join hands and circle half. 2 Bars
(The two couples join hands, and circle half around.)

Pop! goes the weasel. 2 Bars
(The right hand couple raise hands, while the head couple bows through in under, and leads to the next couple.)

The song is continued, and so on, until the head couple return to their original place. The next couple on the right begins. Four times in all.
First two give right hands across take your steps in time Back with left, take hold of hands all balance four in line.

CHORUS

Allemand left - grand right and left

First two give right hands across (Head lady and opposite gentleman give right hands across and walk around.)

Take your steps in time

Back with the left, take hold of hands and balance four in line (Give left hands back, right hands to partner and balance.)

Allemande left, grand right and left

Dance Manual 61
Flower Girl

Gentlemen turn with right hands around. Now turn your corner all the way round. Join hands in a circle, all forward and back.

Then face your corner and all salute.

All Waltz

(Join right hands with partner and turn using waltz step.)

(Repeat with left hands.)

(All bow to corners.)

(Repeat all until each lady is back in original place. Play four times.)
Right hand to partner, grand right and left.

(Only one line of the song is sung while the dancer are executing the movement.)

Ladies cross right hands and circle to place.
(The four ladies cross right hands and waltz around to place.)

First four then waltz forward, and half right and left.
(The ball, half right and left.)

Side couples change places, waltz with corner gent.
(The side couples merely change places and all waltz with corner lady.)

This is repeated four times in all.

Dance Manual
Scotch Reel

Executed in a circle formation. The two couples in each set face each other, their backs being toward the couple in the next set. Dancers and music begin together.

ing opposite with right hand, swing own partner with left. 8 Bars
(Each give right hand to opposite and turn half around, then give left hand to partner and turn the other way.)

lance four. 8
(See description on Page 5)

lies chain. 8
(See description on Page 5)

ght and left. 8
(See description on Page 5)

ward and back, forward again and pass through. 8
(Join nearest hands with partners, move forward and back, forward again, drop hands and pass through, meet a new couple and again begin the dance.)
No. 20

Virginia Reel

First Part

D.C. until Reel

Reel

D. C. Reel
March

Virginia Reel
(Formed in two straight lines—six dancers in each line)

During the first part, each movement is repeated. First the head lady and foot gentleman execute the movement, followed by the head gentleman and foot lady.

head lady and foot gentleman forward and back...............................8 Bars
head lady and foot gentleman turn with right hand...........................8
head lady and foot gentleman turn with left hand.............................8
head lady and foot gentleman turn with both hands..........................8
head lady and foot gentleman dos-a-dos........................................8
head couple down the center.......................................................8
(They join both hands, chasse down the inside of the set and return to place.)

right arm to partner, all reel......................................................32
(The head couple link right arms and turn once and a half around. The head lady then turns the next gentleman in line with the left arm once around, while her partner turns the next lady with his left. The head couple then turn each other once around, with right arms. This is continued until the head couple has turned each dancer in line, and has reached the foot of the set. There, they turn each other half around, so that each is on his respective side. Then chasse up the center to the head of the set. Both are now in their original places.)

arch.........................................................................................16
(Ladies march to the right, gentlemen to the left. When the head couple reaches the foot of the set, they stop, raise both hands, forming an arch, while the line continues, passing under the arch, up the center to the head.)

Note: The couple who started the dance is now at the foot of the set and, of course, foot couple. The new couple now at the head of the set begins the movements and each in turn, until the original couple is back at the head of the set.
Money Musk
Six couples in a set. Give first call before the music begins.

Head couple swing once and a half around ........................................ 8 Bars
Head couple advance, link right arms, and swing once and a half around
and stop, the gentleman between the second and third ladies, and his par-
tner between the second and third gentlemen. Both are now in opposite lines.

Forward six........................................ 4 "
Gentleman who is standing between two ladies will join hands, while
his partner who is standing between two gentlemen will also join
hands, and all move forward four steps, and back four steps.

Ving three-fourths around........................................ 4 "
(The same lady and gentleman join right hands and turn three quar-
ters around, so that they finish between the lines, the lady facing to-
ward the head of the set, her partner facing her and toward the foot of the set.)

Rward six ........................................ 4 "
(The same couple joins hands; swing three-quarters to their own side
of the set, one couple below, where they started. This leaves two la-
dies together and two gentlemen together.)

Right and left........................................ 8 "
(The same two couples pass through to opposite side of set, each give
the left hand and turn. Return to place in the same manner.)

The same couple continues the dance, progressing toward the foot of
the set, casting off one couple each time, continuing until all couples
have gone through the movements. After the first couple has danced
by three couples, the couple then at the head begins. There are now
two couples leading at the same time. To end the dance call, -All join
hands forward, swing partners, promenade to seats.
Heel and Toe Polka

Waltz Position

I

Hop lightly on right foot, while extending left heel to side. ct. 1-2
Hop on right while placing left toe back of right. ct. 3-4.
Then, three short quick steps to left side and rest. ct. 5-6-7-8. Be
Hop on left while extending right heel to side. ct. 1-2.
Hop again on left, placing right toe back of left. ct. 3-4.
Then, three short quick steps to right side and rest. ct. 5-6-7-8. 4

II

Eight Polka steps ........................................ 8

Dance Manual 61
Five Step Schottische

ide left foot to side ........................................... ct. I
ose right to left .................................................. ct. II
ide left back .......................................................... ct. III
ide right to side ..................................................... ct. IV
ickly close left, and slide right to side .................... ct. and I
ose left to right ..................................................... ct. II
ide right forward ................................................... ct. III
ide left to side ....................................................... ct. IV

Trio Manual 61
The Position: Stand facing partners, lady's left and gentleman's right hand joined high.

Highland Step: Spring lightly on right foot four times while extending left to side, back, side, front ............... Ct. 1-2-3-4-
Now, step close, step close to left ........ Ct. 5-6-7-8-

Change hands: Repeat all to right side.

Five Step Schottische: See description on Page 59

Waltz Galop: Four times turning.
This is precisely the same as the waltz, but executed in $\frac{3}{4}$ time.
Hungarian Varsovienne
Varsovienne

"Raise" in the following description means to raise the free foot back, toe pointed to the floor, and at the same time raise and lower the heel of the foot you are standing upon. Practice this movement by itself and it will be clear.

(Waltz Position)

(Start with the left foot, raised, all to the left side.)

Slide, Close, Raise; Slide, Close, Raise; Slide, Close, Step and point—(with right foot to the right side) ....................... 4

(Repeat all, raising the right foot each time and moving to the right)

Slide, Close, Raise; Slide, Close, Raise; Slide, Close, Step and point—(with left foot to the left side.) ....................... 4

(Left Raised) Slide, Close, Step, and point— (with right foot) ....................... 2

(Right Raised) Slide, Close, Step, and point— (with left foot) ....................... 2

(Left Raised) Slide, Close, Step, and point— (with right foot) ....................... 2

(Right Raised) Slide, Close, Step, and point— (with left foot) ....................... 2

(Repeat all from the beginning)
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